



C U Y A H O G A C O U N T Y
Board of Developmental Disabilities



Cleveland Clinic Children's

Blood Draw Visit Social Story

Written and developed by CCBDD Intensive Support Teams & Cleveland Clinic Children's Medical Staff

Supporting and empowering people with developmental disabilities
to live, learn, work and play in the community

Sometimes our doctor needs to test our blood to make sure we're healthy. We will need to go to the doctor's office to get our blood tested.



When I get my blood taken, the nurse will use some special equipment to help. When I get my blood taken, I might sit on my own chair, or I might sit on my grown-up's lap.



First, the nurse will pull up my sleeve so they can look at my arm. The nurse will look at my arm with their eyes and feel it with their fingers.



Next, the nurse will use a big, orange rubber band and tie it around my arm. It will feel like a tight squeeze. Then, they will clean my arm with a wipe. It will feel cold and wet.



The nurse will put cold spray on my arm, and it might make a noise. The spray will make my arm numb. This means I won't feel the needle poke!



The nurse will hold my arm still. There will be a little poke. Then a little bit of my blood will go into the tube.



After that, I will get a cool bandage and be all done!





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