



C U Y A H O G A C O U N T Y
Board of Developmental Disabilities



Cleveland Clinic Children's

Eye Exam Visit

Social Story

Written and developed by CCBDD Intensive Support Teams & Cleveland Clinic Children's Medical Staff

Supporting and empowering people with developmental disabilities
to live, learn, work and play in the community

Sometimes I go to the doctor to make sure I'm healthy.
Sometimes I need to go to a special doctor to make sure
my eyes are healthy too.



First the doctor will check my vision. They will show me letters on a screen at the end of the room and I will point to the matching letter on a card.



The doctor will check to see if my eyes work together. I might get to look at some toys.



The doctor might cover one eye at a time while I look at a toy.



The doctor might have me watch a video while they check how my eyes move.



The doctor might hold special squares in front of my eyes. This helps the doctor know how straight my eyes are.



The doctor will shine a light in my eyes to make sure they are healthy.



Next, the doctor might need to put special drops in my eyes. I will lay back and the doctor will touch my face to put the drops in. The drops will feel cold and wet.



The drops might make my eyes feel different. It might be hard to see things up close while the drops are working.



It takes 30 minutes for the drops to work. The eye drops are important for the doctor to check me for glasses.



Next, the doctor will put a machine close to my face. All I have to do is look through it. This doesn't hurt at all! The machine helps the doctor to know what glasses will work best for me.



Next, the doctor will have me look through clear circles while I look at a light. All I have to do is look at the doctor.



I get to look through a special tool at a toy while the doctor makes sure my eyes are healthy.



I did a great job getting my eyes checked!





C U Y A H O G A C O U N T Y
Board of Developmental Disabilities



Cleveland Clinic Children's

Written and developed by
CCBDD Intensive Support Teams &
Cleveland Clinic Children's Medical Staff

Supporting and empowering people with developmental disabilities
to live, learn, work and play in the community