

What is an Individual Service Plan?

An Individual Service Plan (ISP) is a written description of your goals, what you need help with and who can help you.

How can I participate in my Individual Service Planning?

- 1. You can choose when and where to have your Individual Service Planning meeting(s).
- 2. You can choose who participates in your ISP meeting(s).
- 3. You can tell your planning team what makes you happy and how you want help to stay healthy and safe.
- 4. You can say yes or no about things that you want for your life.
- 5. You can choose who will help you.
- 6. You can lead your own Individual Service planning meetings or choose someone to help you lead them.

How will my team support me to participate in my Individual Service Planning?

- 1. Your team will learn about what's important and meaningful to you.
- 2. Your team will ask what you want and respect your choices and decisions.
- 3. Your team will provide suggestions and ideas to help you stay healthy and safe.
- 4. Your team will ask if you understand what is written in your Individual Service Plan.
- 5. Your team will support you to be as independent as possible.

If you have a guardian, how will your guardian support you to participate in your Individual Service Planning?

- 1. Your guardian will consider your preferences and wishes when making big decisions for you.
- 2. Your guardian will help you stay healthy and safe while honoring your voice.
- 3. Your guardian will help you learn to make safe choices for yourself.

